

SSSH 2024 – FINAL PROGRAMME

THURSDAY 22nd AUGUST			Moderators
08:00-08:10	Welcome	Michel Boeckstyns	
08:10-09:00	Session: Scaphoid 1	<p>Joseph Dias</p> <ul style="list-style-type: none"> Scaphoid fractures; the newest evidence for treatment & immobilization regime. (20 min) <p>Martin Clementson</p> <ul style="list-style-type: none"> How to evaluate union in scaphoid fractures – a practical guide (10 min) <p>Peter Jørgsholm</p> <ul style="list-style-type: none"> The role of arthroscopy in treating scaphoid fracture/nonunion (10 min) <p>DISCUSSION (10 min)</p>	<p>Robert Gvozdenovic</p> <p>Maria Wilcke</p>
09:00-09:05	Mini break		
09:05-10:05	Session: Scaphoid 2	<p>David Warwick</p> <ul style="list-style-type: none"> Tips and Tricks in fixing the scaphoid (20 min) <p>Maria Wilcke</p> <ul style="list-style-type: none"> Definition of the Scaphoid Malunion, and is it dangerous? (15 min) <p>Sarah Mee</p> <ul style="list-style-type: none"> The rehabilitation after surgery for scaphoid fracture & scaphoid nonunion (15 min) <p>DISCUSSION (10 min)</p>	<p>Thorsten Schriever</p> <p>Ole Reigstad</p>
10:05-10:30	Coffee break		

<p>10:30- 11:40</p>	<p>Session: Scaphoid 3</p>	<p>Ole Reigstad</p> <ul style="list-style-type: none"> • Scaphoid Nonunion; the long-term consequences (15 min) <p>PhD-presentations:</p> <p>Robert Gvozdenovic</p> <ul style="list-style-type: none"> • Scaphoid Nonunion: CT-scan Measurements as an Assessment and Arthroscopic Bone Grafting as a Treatment Method (15 min) <p>Thorsten Schriever</p> <ul style="list-style-type: none"> • The scaphoid: from fracture to fusion (15 min) <p>Free paper:</p> <p>Morten Kjær</p> <ul style="list-style-type: none"> • 8-year functional and radiographic follow-up after operative treatment of scaphoid nonunion (6 min) <p>DISCUSSION (15 + min)</p>	<p>Moderators:</p> <p>Peter Jørgsholm</p> <p>Martin Clementson</p>
<p>11:40- 12:30</p>	<p>Lunch & Workshop</p>	<p>11:55-12:25 Workshop: KLS Martin – <i>Room: The Balcony next to the Auditorium</i></p> <p>11:55 – 12:10 3D planning and patient-specific implants for intra- and extra-articular distal radius and forearm reconstructions - A review and follow up on more than 50 patients and an outlook on new indications <i>Speaker: Niels Schep, Rotterdam, the Netherlands</i></p> <p>12:10 – 12:25 Patient-specific forearm reconstruction in pediatric patients - a six years´ experience and follow up with IPS implants <i>Speaker: Markus Pääkkönen, Turku, Finland</i></p>	

12:30 - 14:10	Session: Evidence and outcomes in hand surgery and therapy	<p>Teemu Karjalainen</p> <ul style="list-style-type: none"> • What is – and what isn't – the effect of procedures we commonly perform? (15 min) <p>Elisabeth Ekstrand</p> <ul style="list-style-type: none"> • Evidence in relation to common hand rehabilitation interventions. (15 min) <p>Miriam Marks</p> <ul style="list-style-type: none"> • Future for Evidence Based Data in Hand Surgery (15 min) <p>DISCUSSION (15 min)</p> <p>PhD presentation: Sara L. Larsson</p> <ul style="list-style-type: none"> • Wrist osteoarthritis - Impact on daily life, self-management and outcome (15 min) <p>DISCUSSION (6 min)</p> <p>Free papers: Hasan Bitar et al.</p> <ul style="list-style-type: none"> • Day-by-Day Patient Reported Outcomes after Open Release of Trigger Digit in The Trigger-Happy III Trial: a prospective, multicenter cohort study in 95 patients. (6 min) <p>Teemu Karjalainen et al.</p> <ul style="list-style-type: none"> • Surgery, Needle fasciotomy, or Collagenase Injection for Dupuytren's Contracture: A Randomized Controlled Trial (6 min) <p>DISCUSSION (6 min)</p>	Moderators: Karen Madsen David Warwick
14:10 – 14:30	Coffee break		

14:30-15:45	Session: The Polish Society for Surgery of the Hand	<p>Paweł Reichert</p> <ul style="list-style-type: none"> • Metacarpal fractures- treatment and complications (16 min) <p>Piotr Czarnecki</p> <ul style="list-style-type: none"> • My approach to secondary tendon reconstruction and tenolysis (16 min) <p>Ireneusz Walaszek</p> <ul style="list-style-type: none"> • Pedicle flaps in the treatment of severe injuries of the extremities in children under 3 year of life (16 min) <p>Ireneusz Walaszek</p> <ul style="list-style-type: none"> • Evolution of treatment of basal joint arthritis (16 min) <p>DISCUSSION 11 min</p>	<p>Moderators: Robert Gvozdenovic</p> <p>Paweł Reichert</p>
15:45-15:50	Mini break		
15:50-17:20	Session: Distal Radius Fractures	<p>Magnus Tägil</p> <ul style="list-style-type: none"> • To each according to the needs. Choosing wisely in the care of the geriatric distal radius patient (15 min) <p>Guillaume Herzberg</p> <ul style="list-style-type: none"> • Treatment decision making based on the Patient-Accident-Fracture (PAF) classification of acute distal radius fractures (15 min). <p>PhD-presentation: Viktor Schmidt</p> <ul style="list-style-type: none"> • Fractures of the distal radius: Radiological measurements and clinical outcome – PhD presentation (15 min) <p>DISCUSSION: 12 min</p>	<p>Marcus Landgren</p> <p>Guillaume Herzberg</p>

15:50-17:20 (cont.)		<p>Free papers:</p> <p>Asgerdur Thórdardóttir et al.</p> <ul style="list-style-type: none"> Maltreated Distal Radius Fractures: Costly for both society and patients - a review of patient claims to the Swedish National Patient Insurance Company 2011-2021 (6 min) <p>Henri Vasara</p> <ul style="list-style-type: none"> Risk factors for adverse events after distal radius fracture fixation with volar locking plates (6 min) <p>Magnus Tägil et al.</p> <ul style="list-style-type: none"> Does Radiography Predict Subjective Outcome after Distal Radius Fracture in Superelderly? A register study. (6 min) <p>Moe Takenoshita et al.</p> <ul style="list-style-type: none"> Open hand fractures: does delay to surgery impact outcome? (6 min) <p>DISCUSSION (8 min)</p>	
19:00-01:00	Dinner & Dance	Charlottenlund Fort Ca. 22:00 The Beagles	

FRIDAY 23 rd AUGUST			Moderators
08:00-08:30	General assembly SSSH	SSSH board	
08:30-08:55	The Moberg lecture	<p>Michel Boeckstyns</p> <ul style="list-style-type: none"> Presentation (3 min) <p>Jin Bo Tang</p> <ul style="list-style-type: none"> Flexor tendon surgery in the hand: dogmas, challenges and current practice (22 min). 	Michel Boeckstyns
08.55-09:00	Mini break		

09:00-10:06	Session: Nerve injuries and rehabilitation	<p>Ulrika Wijk et al.</p> <ul style="list-style-type: none"> Sensory relearning in peripheral nerves (12 min) <p>Linda Evertsson et al.</p> <ul style="list-style-type: none"> Rehabilitation after digital nerve lesions (12 min) Long-term follow-up after digital nerve lesions (12 min) <p>Piotr Czarnecki</p> <ul style="list-style-type: none"> End-to-side nerve repair - should we forget it? (12 min) <p>DISCUSSION (10 min)</p> <p>Free paper:</p> <p>Rasmus Dehli Thorkildsen et al.</p> <ul style="list-style-type: none"> Clinical and neurophysiological results two years after a distal nerve transfer in subtotal proximal ulnar nerve injuries (6 min) <p>DISCUSSION (2 min)</p>	<p>Moderators:</p> <p>Kim Gotfred-Iversen</p> <p>Piotr Czarnecki</p>
10:06-10:30	Coffee break		
10:30-11:40	Session: Psychological factors in treatment of hands	<p>Torben Bæk Hansen</p> <ul style="list-style-type: none"> Pain catastrophizing in hand surgery (15 min) <p>Alice Ørts</p> <ul style="list-style-type: none"> Psycho-social factors as predictor of functioning 3 months after surgery in patients with hand diagnoses (15 min) <p>Ruud Selles</p> <ul style="list-style-type: none"> Treatment outcome expectations and satisfaction with treatment results in hand therapy (15 min) <p>David Warwick</p> <ul style="list-style-type: none"> Complications - how they affect the surgeon (15 min) <p>DISCUSSION (10 min)</p>	<p>Torben Bæk Hansen</p> <p>Maria Wilcke</p>
11:40-12:05	Lecture	<p>Tine Frellesen</p> <ul style="list-style-type: none"> The mystical and psychological hand (25 min) 	<p>Michel Boeckstyns</p> <p>Inger Møller</p>

12:05-13:00	Lunch		
13:00-14:00	Session: Patient Reported Outcome Measures, Rehabilitation and Quality of Life	<p>Miriam Marks</p> <ul style="list-style-type: none"> Minimal Important Change and Patient Acceptable Symptom State – what really matters to patients? (15 min) <p>Susanne Boel</p> <ul style="list-style-type: none"> Rehabilitation after hand surgery: Health professionals’ and patients’ decision making (15 min) <p>DISCUSSION (13 min)</p> <p>Free papers:</p> <p>Pernille Bender Larsen et al.</p> <ul style="list-style-type: none"> Life after major hand injury: function and quality of life (6 min) <p>Mohamed Radhi et al.</p> <ul style="list-style-type: none"> Hand Replantation – Case discussion and review of literature (6 min) <p>DISCUSSION (5 min)</p>	<p>Moderators:</p> <p>Marcus Landgren</p> <p>Alice Ørts</p>
14:00-15:15	Session: TFCC/DRUJ, what’s new?	<p>Guillaume Herzberg</p> <ul style="list-style-type: none"> Arthroscopic Anatomy of the TFCC with Relevance to Function and Pathology (12 min) <p>Robert Gvozdenovic, Jonas Holm-Larsen</p> <ul style="list-style-type: none"> Correlation between the clinical fovea test, MRI findings, and the arthroscopic Hook test in the definition of the TFCC injury: a prospective, observer-blinded study - preliminary results (12 min) <p>Teemu Karlalainen</p> <ul style="list-style-type: none"> REINFORCER study; protocol for a Nordic multicenter RCT comparing debridement vs sham surgery in central tears and hand therapy vs repair in ulnar tears (12 min) <p>Asgeir Amundsen</p> <ul style="list-style-type: none"> When everything else fails, what are the results of DRUJ Arthroplasties? (12 min) <p>DISCUSSION (12 min)</p>	<p>Robert Gvozdenovic</p> <p>Asgeir Amundsen</p>

14:00-15:15 (cont.)		<p>Free papers:</p> <p>Michal Checinski et al.</p> <ul style="list-style-type: none"> • Early functional outcomes after open reconstruction of TFCC. Preliminary report. (6 min) <p>Signe Juhl Dynesen et al.</p> <ul style="list-style-type: none"> • The interrater reliability of the diagnostic Hook- and Trampoline tests in the definition of the TFCC injury during live surgery (6 min) <p>DISCUSSION (3 min)</p>	
15:15 - 15:45	Coffee break		
15:45 - 16:45	Session: Complications after Hand Surgery	<p>Sif Gylfadottir</p> <ul style="list-style-type: none"> • CRPS updated (16 min) <p>Miriam Marks</p> <ul style="list-style-type: none"> • Treatment of failed trapeziectomy (16 min) <p>David Warwick</p> <ul style="list-style-type: none"> • Current management of the stiff finger (16 min) <p>DISCUSSION (12 min)</p>	<p>Miriam Marks</p> <p>Michael Scavenius</p>
16:45 - 17:00	Farewell	Michel Boeckstyns and Ole Reigstad	
	Posters (at display only)	<p>Ingrid Andreasson et al.</p> <ul style="list-style-type: none"> • The use and patient perceived benefit of removable splints during the first three months after surgery for distal radius fracture <p>Robert Gvozdencovic & Youssra Marjua</p> <ul style="list-style-type: none"> • Global Variations in Hand Surgical Training <p>Sara Larsson et al.</p> <ul style="list-style-type: none"> • Effects of a neuromuscular joint protective exercise therapy program for treatment of wrist osteoarthritis: a randomized controlled trial 	